



## APA handbook of clinical geropsychology.

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Monografía

"The APA Handbook of Clinical Geropsychology offers a well-balanced scientist-practitioner approach, with chapters that succinctly review empirical research across a broad range of areas and offer practical approaches for the application of theory to everyday practice with the aging population. The handbook reviews the history of clinical geropsychology and geropsychology practice, to help the reader better understand how the field has grown over the past 30 plus years and to assess the several directions in which it is headed. Chapter authors highlight strength-based approaches to human development and aging, review the status of evidence-based treatment, explore the interface of geriatric medicine and clinical psychotherapy, review several "normal aging" areas of research, and discuss such common psychological, neurological, and other medical issues common in aging as depression, late-life anxiety disorders, schizophrenia, alcohol abuse and substance misuse, suicidal behavior, mild cognitive impairment, Alzheimer's, and many more. The reader will not only gain knowledge about foundational competencies in the field of clinical geropsychology, but will also find a treasure of information related to assessment, intervention, and consultation in this continually evolving field"--Publicity materials

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