



Bioactive dietary factors and plant extracts in dermatology /

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Humana Press,
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Electronic books

Monografía

The role of Bioactive Dietary Factors and Plant Extracts in Preventive Dermatology provides current and concise scientific appraisal of the efficacy of foods, nutrients, herbs, and dietary supplements in preventing dermal damage and cancer as well as improving skin health. This important new volume reviews and presents new hypotheses and conclusions on the effects of different bioactive foods and their components derived particularly from vegetables, fruits, and herbs. Primary emphasis is on treatment and prevention of dermal damage focusing on skin cancers with significant health care costs and mortality. Bioactive Dietary Factors and Plant Extracts in Preventive Dermatology brings together expert clinicians and researchers working on the different aspects of supplementation, foods, and plant extracts and nutrition and skin health. Their expertise provides the most current knowledge in the field and will serve as the foundation for advancing future research

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Título: Bioactive dietary factors and plant extracts in dermatology Ronald Ross Watson, Sherma Zibadi, editors

Editorial: New York Humana Press ©2013

Descripción física: 1 online resource

Mención de serie: Nutrition and health sciences

Nota general: Includes index

Bibliografía: Includes bibliographical references and index

Contenido: Part I. Mediterranean diet and skin health -- Immune-Medicated disorders of skin: role of dietary factors and plant extracts? -- UV irradiations, micronutrient supplementation, and cutaneous health: overview -- Skin health and metabolic complications -- Probiotics and skin health -- Part II. Dietary nutrients and skin -- Vitamin C (l-ascorbic acid): antioxidant involved in skin care -- Omega 3 fatty acids in psoriasis -- Arginine derived nitric oxide: key to healthy skin -- Taurine (2-aminoethanesulfonic acid): useful in skin diseases -- Part III. Plant and plant components and skin care -- Turmeric (curcuma longa L.) the Indian golden curry spice as a skin care agent: validation of the traditional uses -- Ginger (zingiber of cinalis roscoe) the dietary age in skin care: a review -- Amla (emblica of cinalis gaertn.) the Indian indigenous berry in skin care -- Review on the use of aloe

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ISBN: 9781627031677 electronic bk.) 1627031677 electronic bk.) 9781627031660 1627031669 9781627031660

Materia: Phytochemicals Dermatology Skin- Diseases- Nutritional aspects Skin- Care and hygiene HEALTH & FITNESS- Diseases- Skin. MEDICAL- Dermatology. Médecine. Dermatology. Phytochemicals. Skin- Care and hygiene. Skin- Diseases- Nutritional aspects. Skin Diseases Nutritional Physiological Phenomena Plant Extracts Hygiene Medicine & Public Health Clinical Nutrition Nutrition Public Health General Practice- Family Medicine Food Science

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Enlace a formato físico adicional: Print version Bioactive dietary factors and plant extracts in dermatology. [S.l.] : Humana, 2012 1627031669 (OCoLC)802069888

Punto acceso adicional serie-Título: Nutrition and health (Totowa, N.J.)

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