



Biopsychosocial assessment in clinical health psychology /

Andrasik, Frank (1949-),

editor

Goodie, Jeffrey L.,

editor

Peterson, Alan L.,

editor

Electronic books

Methods (Music)

Monografía

"Filling a key need, this practical volume provides state-of-the-art approaches and tools for evaluating both health-related behaviors and psychosocial aspects of medical illness. The book begins by presenting a comprehensive biopsychosocial assessment framework. Evidence-based strategies are described for assessing such key lifestyle factors as tobacco use, alcohol and other drugs, physical activity, and social support. Behavioral, cognitive, and emotional issues associated with a range of specific medical conditions--including cancer, cardiovascular disease, diabetes, chronic pain, and others--are addressed. Chapters on assessment of specific populations cover pediatric patients, older adults, ethnic/racial minority groups, organ transplant and bariatric surgery patients, and primary care"--Provided by publisher

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