



Blood pressure monitoring in cardiovascular medicine and therapeutics /

White, William B. (1953-)

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Monografía

New research findings based on ambulatory and self-monitoring of blood pressure and heart rate have signaled the maturation of cardiovascular chronobiology and led to marked improvements in the physician's ability to detect various clinical entities in those patients suffering from hypertension and vascular diseases. In *Blood Pressure Monitoring in Cardiovascular Medicine and Therapeutics*, William B. White, MD, and a panel of highly experienced clinicians critically review every aspect of out-of-office evaluation of blood pressure, including home and ambulatory pressure, the relationship between whole-day blood pressure and the cardiovascular disease process, and the effects of numerous antihypertensive therapies on these blood pressure parameters. The world-class opinion leaders writing here describe all the significant advances in our understanding of the circadian pathophysiology of cardiovascular disorders and demonstrate that ambulatory blood pressure values are independent predictors of cardiovascular morbidity and mortality. They also discuss the methodology of out-of-office blood pressure monitoring, its potential in clinical trials and the general management of patients, and its usefulness during antihypertensive drug development. Comprehensive and leading-edge, *Blood Pressure Monitoring in Cardiovascular Medicine and Therapeutics* provides a groundbreaking demonstration of the importance of home and ambulatory blood pressure monitoring that is already being rapidly translated into better care for millions of hypertensives today

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Contenido: I Techniques for Out-of-Office Blood Pressure Monitoring -- 1 Self-Monitoring of Blood Pressure -- 2 Evaluation of Journals, Diaries, and Indexes of Worksite and Environmental Stress -- 3 Electronic Activity Recording in Cardiovascular Disease -- 4 Ambulatory Monitoring of the Blood Pressure: Devices, Analysis, and Clinical Utility -- II Concepts in the Circadian Variation of Cardiovascular Disease -- 5 Circadian Rhythm and Environmental Determinants of Blood Pressure Regulation in Normal and Hypertensive Conditions -- 6 Circadian Variation of the Blood Pressure in the Population at Large -- 7 Importance of Heart Rate in Determining Cardiovascular Risk -- 8 Sodium, Potassium, the Sympathetic Nervous System, and the Renin -- Angiotensin System: Impact on the Circadian Variability in Blood Pressure -- 9 Prognostic Value of Ambulatory Blood Pressure Monitoring -- 10 Circadian Rhythm of Myocardial Infarction and Sudden Cardiac Death -- 11 Seasonal, Weekly, and Circadian Variability of Ischemic and Hemorrhagic Stroke -- III Twenty-Four-Hour Blood Pressure Monitoring and Therapy -- 12 Cardiovascular Chronobiology and Chronopharmacology: Importance of Timing of Dosing -- 13 Advances in Ambulatory Blood Pressure Monitoring for the Evaluation of Antihypertensive Therapy in Research and Practice

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