

"They Say..." Nutrition Questions Answered /

Lecture/presentation

Material Proyectable

It is unlikely one hasn't heard a supposed nutrition fact start with, "they say" & #xA6;" It's time to get to the bottom of the "they says" out there. "They Say..." Nutrition Questions Answered reviews the most common of the "they says" and details the truth about each of them. The DVD also features an examination and evaluation of various "they says" offered by attendees at this presentation

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Título: "They Say..." Nutrition Questions Answered Presented by Jenna A. Bell, PhD, RD

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Nota general: Title from resource description page (viewed January 13, 2017)

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Materia: Nutrition in Physical Education Diet and food

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