



Basic Stress Management, Disc

1 /

Instructional

Counseling session

Material Projectable

This instructional video, featuring therapists Allen and Mary Ivey, Norma Gluckstern-Packard and Carlos Zalaquett, is about basic stress management

<https://rebiunoda.pro.baratznet.cloud:38443/OpacDiscovery/public/catalog/detail/b2FpOmNlOGVicmF0aW9uOmVzLmJhcmF0ei5yZW4vMjYwMTIyNzc>

Título: Basic Stress Management, Disc 1 by Allen Ivey, Mary Bradford Ivey, Norma Gluckstern-Packard and Carlos Zalaquett

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Descripción física: 1 online resource (86 minutes)

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Nota general: Title from resource description page (viewed March 29, 2016)

Lengua: In English

Materia: Theoretical Approaches to Counseling

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