



"Eat Your Vegetables" and Other Mistakes Parents Make: Redefining How to Raise Healthy Eaters /

Educational films

Nonfiction films

Lecture/presentation

Material Projectable

"Eat Your Vegetables and Other Mistakes Parents Make: Redefining How to Raise Healthy Eaters" outlines twelve "mistakes" that parents frequently make when trying to get their children to eat healthy. The video is designed to help address the huge disconnect that exists between what parents want their kids to eat and what their children are actually eating. In a compelling, easy-to-understand fashion, the video provides information, ideas, and insights concerning what parents can do to improve the eating habits of their kids

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Título: "Eat Your Vegetables" and Other Mistakes Parents Make: Redefining How to Raise Healthy Eaters presented by Natalie Digate Muth

Editorial: Monterey, CA Healthy Learning 2013

Descripción física: 1 online resource (54 minutes)

Duración: 005351

Nota general: Title from resource description page (viewed October 02, 2017)

Lengua: In English

Materia: Children- Nutrition Nutrition in Physical Education Health Children Parenting Nutrition

Entidades: Healthy Learning production company

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