

## Gardening the Mediterranean way: practical solution for summer-dry climates /

Gildemeister, Heidi

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Tolerancia

Monografía

Summer drought and poor soil confront gardeners with difficult garden conditions that impose stress on plants and gardeners alike. However, it needn't be so. Practical and inspiring, Gardening the Mediterranean Way shows the reader how to create a healthy, lush garden that conserves water, prevents soil erosion and uses environmentally friendly methods. Creating mediterranean gardens is Heidi Gildemeister's passion, and she marshals her considerable experience, inimitable design flair and imagination to explain how best to exploit the features and microclimates that exist in every mediterranean climate region. Her presentation of twenty gardens - among them an olive grove in bloom, a scented shade garden and a haven by the sea, each with extensive plant lists and practical advice - is at the heart of the book, which is gloriously illustrated with the author's own exquisite photographs. This important reference work both for beginners and experienced gardeners is enhanced by a comprehensive listing of drought-tolerant plants, which offers invaluable information for gardeners keen to preserve the beauty of their gardens throughout the summer. It is completed by a glossary, list of useful addresses and an extensive bibliography

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