

Dietary supplements : toxicology and clinical pharmacology /

Cupp, Melanie Johns Tracy, Timothy S.

Humana Press, 2003

Monografía

While sales of dietary supplements have skyrocketed in recent years, information about their safety and efficacy in humans is generally sparse in comparison with what is available for prescription drugs. Dietary Supplements: Toxicology and Clinical Pharmacology presents, in both comprehensive and summary formats, a wealth of objective information for a selection of significant nonherbal dietary supplements. The supplements detailed were chosen for their popularity, toxicity, and the quantity and quality of information available, and include such well-known agents as DHEA, androstenedione and other over-the-counter steroids, coenzyme Q10, fish oil, glucosamine and chondroitin, chitosan, chromium picolinate, creatine, vanadyl sulfate, SAMe, and melatonin. Additional coverage is given to colloidal silver, shark cartilage, germanium, red yeast rice extract, l-tryptophan, N, N-dimethylglycine, GHB and GBL, huperzine, hydrazine, methylsulfonylmethane, and pyruvate. Each monograph discusses the history of the compound; its chemical structure; its current and promoted uses, sources, and chemical composition; and its toxicity, pharmacokinetics, and physiological role. Also presented are case reports of their adverse effects and interactions, as well as information on their reproductive effects, chemical and biofluid analysis, and regulatory status. Each chapter is based on original studies published in reputable peer-reviewed journals, as well as on meta-analyses, systematic reviews, or other high-quality assessments by recognized experts. Authoritative and objective, Dietary Supplements: Toxicology and Clinical Pharmacology offers physicians, pharmacologists, pharmacists, toxicologists, and medical examiners a treasure trove of uncommon-but reliable-scientific and clinical information on the toxicity and usefulness of today's leading nonherbal dietary supplements

Título: Dietary supplements toxicology and clinical pharmacology edited by Melanie Johns Cupp and Timothy S. Tracy

Editorial: Totowa, N.J. Humana Press 2003

Descripción física: 1 online resource (xxiii, 410 pages) illustrations

Mención de serie: Forensic science and medicine

Bibliografía: Includes bibliographical references and index

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ISBN: 1592593038 electronic bk.) 9781592593033 electronic bk.) 1280841893 9781280841897 9786610841899 6610841896 158829014X alk. paper) 9781588290144 alk. paper) 146849726X pbk.) 9781468497267 pbk.)

Materia: Dietary supplements- Physiological effect Dietary supplements- Toxicology Food Pharmacology Medical personnel Life sciences Physical sciences Dietary supplements Clinical pharmacology Dietary Supplements-adverse effects Food Pharmacology Food and Beverages Health Occupations Biological Science Disciplines Natural Science Disciplines Disciplines and Occupations Technology, Industry, Agriculture Dietary Supplements Health Workforce Health Personnel Pharmacology, Clinical Compléments alimentaires- Effets physiologiques Compléments alimentaires- Toxicologie Aliments Pharmacologie Personnel médical Sciences de la vie Sciences physiques Compléments alimentaires Pharmacologie clinique food pharmacology biological sciences physical sciences Pharmacology Medical personnel Life sciences Food Dietary supplements Clinical pharmacology Dietary supplements Clinical pharmacology Dietary supplements- Physiological effect Dietary supplements- Toxicology Aufsatzsammlung Klinische Pharmakologie Nahrungsergänzungsmittel Toxikologie

Autores: Cupp, Melanie Johns Tracy, Timothy S.

Enlace a formato físico adicional: Print version Dietary supplements. Totowa, N.J. : Humana Press, 2003 158829014X (DLC) 2002027544 (OCoLC)50419035 Online version Dietary supplements. Totowa, N.J. : Humana Press, 2003 (OCoLC)1273047305

Punto acceso adicional serie-Título: Forensic science and medicine

Baratz Innovación Documental

- Gran Vía, 59 28013 Madrid
- (+34) 91 456 03 60
- informa@baratz.es