

12th International Congress on **Ericksonian Approaches to** Psychotherapy. Experiential therapy: integrating therapist sculpting and hypnosis /

Borges, Lilian,

teacher

Instructional films | Conference papers and proceedings

Material Proyectable

In this workshop, we will learn how to provide effective experiential treatment rather than offering didactic information or treatment protocols. We can enter the patient's phenomenological world even with the most difficult patients. Borges will demonstrate an integrative approach that is brief, experiential, phenomenological, and effective. Therapist sculpting allows the therapist attune to the client's experience; empathize with them; help the client to disengage from the problem; focus on what is important; and help the client discover new possibilities. Educational Objectives: 1. Describe how to engage the client in therapist sculpting. 2. Describe two uses of therapist sculpting with a difficult therapeutic situation

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Descripción física: 1 online resource (58 minutes)

Duración: 005741

Mención de serie: Academic Video Online

Nota general: Title from resource description page (viewed July 20, 2017)

Lengua: In English

Materia: Experiential psychotherapy Hypnotism- Therapeutic use Therapist and patient

Autores: Borges, Lilian, teacher

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