



## 12th International Congress on Ericksonian Approaches to Psychotherapy. Freedom from pain /

Phillips, Maggie,  
interviewer,  
teacher

Filmed interviews.

Instructional films.

Conference papers and proceedings.

Material Projectable

This demonstration illustrates how clients can be taught to regulate persistent or chronic pain using simple strategies such as circular breathing, work with pendulum rhythms, voluntary and involuntary movement, and prosodic toning. Discussion will emphasize how these and other tools can activate or modulate specific aspects of polyvagal functioning to restore balance and bring relief

<https://rebiunoda.pro.baratznet.cloud:38443/OpacDiscovery/public/catalog/detail/b2FpOmNlbGVicmF0aW9uOmVzLmJhcmF0ei5yZW4vMzQzNzkzMjg>

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**Título:** 12th International Congress on Ericksonian Approaches to Psychotherapy. Freedom from pain [with] Maggie Phillips, PhD

**Editorial:** Phoenix, Arizona Milton H. Erickson Foundation 2015

**Descripción física:** 1 online resource (54 minutes)

**Duración:** 005409

**Mención de serie:** Academic Video Online

**Nota general:** Title from resource description page (viewed July 20, 2017)

**Lengua:** In English

**Materia:** Chronic pain- Treatment Pain- Treatment Mind and body therapies

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