



12th International Congress on Ericksonian Approaches to Psychotherapy. Creating new consciousness with spiritual yoga in Ericksonian work /

Rossi, Ernest Lawrence,
teacher

Instructional films.

Conference papers and proceedings.

Material Projectable

We illustrate how easy it is to integrate yoga narrative and movement with Ericksonian mind-body work. We engage the entire audience in a live experience of facilitating brain plasticity for the creation of new consciousness. Demonstrations with volunteers illustrate how to utilize the natural 4-stage creative cycle of problem solving and healing in everyday life. Every level of fitness and mindfulness from beginners to mature wisdom gurus are welcome! Educational Objectives: 1. Name 3 narrative yoga techniques utilizing Ericksonian mind-body work. 2. List 3 Ericksonian naturalistic techniques

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Título: 12th International Congress on Ericksonian Approaches to Psychotherapy. Creating new consciousness with spiritual yoga in Ericksonian work [with] Kathryn Rossi, PhD and Ernest Rossi, PhD

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Descripción física: 1 online resource (60 minutes)

Duración: 010018

Mención de serie: Academic Video Online

Nota general: Title from resource description page (viewed July 20, 2017)

Lengua: In English

Materia Nombre: Erickson, Milton H.

Materia: Mind and body therapies Yoga- Therapeutic use

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Entidades: Milton H. Erickson Foundation production company

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