



# Advocacy for mental health

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Guideline

Monografía

The purpose of the guidance package is to assist policy-makers and planners to: develop policies and comprehensive strategies for improving the mental health of populations; use existing resources to achieve the greatest possible benefits; provide effective services to those in need; assist the reintegration of persons with mental disorders into all aspects of community life, thus improving their overall quality of life

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**Mención de serie:** Mental health policy and service guidance package

**Bibliografía:** Includes bibliographical references

**Contenido:** Executive summary -- Aims and target audience -- Preface -- What is advocacy and why is it important -- Roles of different groups in advocacy -- How ministries of health can support advocacy -- Examples of good practices in advocacy -- Barriers and solutions to supporting advocacy from ministries of health -- Recommendations and conclusions -- Further reading -- References -- Acknowledgements

**Lengua:** English

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