



Intervención Integrativa en un Caso con Consumo de Múltiples Sustancias: un Caso Clínico [

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text (article)

Analítica

The present study deals with the case of a 33-year-old male, divorced and with higher education, hospitalized in a Therapeutic Community due to alcohol consumption since he was 15 years old and cannabis from the age of 25, meeting the ICD-10 diagnostic criteria for a mental and behavioral disorder due to the use of multiple drugs or other psychoactive substances, with dependence syndrome currently in abstinence in a protected environment; establishing a case study with a mixed approach. The assessment was carried out by means of motivational interview and application of psychological instruments, Brief Symptom Checklist (LSB-50); Barrat Impulsivity Scale (BIS); Alcohol, Smoking and Substance Involvement Screening Test (ASSIST); Alcohol Use Disorders Identification Test (AUDIT), Cannabis Abuse Screening Test (CAST). The intervention plan had an integrative approach composed of 9 sessions with cognitive-behavioral and gestalt techniques

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