



Aging sourcebook : basic consumer health information about the physiology of aging, healthy aging through physical activity, healthy eating, and anti-aging methods, health concerns due to aging and aging-associated diseases such as cancers, cardiovascular disorders, eye disorders, gastrointestinal disorders, hormonal imbalances, mental disorders, musculoskeletal disorders, neurodegenerative disorders, posttraumatic stress disorder, fatigue, respiratory disorders, and renal disorders : along with information about geriatric healthcare, assisted living, home modification, legal and financial assistance, a glossary of related terms, and a

list of resources for additional help and information /

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Omnigraphics, Incorporated

Monografía

"Provides basic consumer health information about the physiology of aging, healthy aging through physical activity, healthy eating, and anti-aging methods, aging-associated diseases along with information about geriatric healthcare, assisted living, home modification, and legal and financial assistance. Includes index, glossary of related terms, and other resources"--

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