



**Asthma sourcebook : basic consumer health information about allergic, exercise-induced, occupational, and other types of asthma, including facts about causes, risk factors, symptoms, and diagnostic tests and featuring details about treating asthma with medication and other therapies, minimizing indoor and outdoor asthma triggers, recognizing and handling asthma attacks, monitoring symptoms and developing an action plan, and dealing with co-existing conditions : along with a detailed look at childhood asthma concerns and asthma in older adults, pregnant women, athletes, and other special populations, a**

# **glossary of related terms, and a list of resources for additional help and information /**

Judd, Sandra J.,  
editor

Omnigraphics,  
c2011

Monografía

"Provides basic consumer health information about diagnosis, treatment, and management of asthma, including facts about coping with the disease and minimizing triggers, along with a special section on asthma in children. Includes index, glossary of related terms, and other resources"--

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